



Cost Comparison:



TO FEED 1 HOUSEHOLD
26 LBS. OF FOOD*

1 (14 oz.) can cranberry sauce **\$0.19** | **\$1.49**

1 (1 lb.) box spaghetti noodles **\$0.19** | **\$1.38**

1 (15 oz.) can spaghetti sauce **\$0.19** | **\$0.82**

1 (6.25 oz.) box mac and cheese **\$0.32** | **\$0.98**

1 (12 oz.) jar peanut butter **\$1.19** | **\$2.32**

1 (19 oz.) jar grape jelly **\$0.47** | **\$1.98**

1 (15 oz.) can peaches **\$0.74** | **\$0.92**

1 (15 oz.) can green beans **\$0.19** | **\$0.88**

1 (15 oz.) can corn **\$0.19** | **\$0.60**

1 (25.6 oz.) box dry milk **\$0.65** | **\$6.98**

1 (1 lb.) bag dry pinto beans **\$0.19** | **\$0.82**

1 (1 lb.) bag rice **\$0.42** | **\$1.16**

1 (1 lb.) box grits **\$0.63** | **\$1.92**

10 lbs. fresh produce **\$1.90** | **\$20.62**

1 (1 lb) loaf of bread **\$0.10** | **\$1.88**

1 (5 oz.) can meat **\$0.06** | **\$1.50**

1 (doz.) eggs **\$0.38** | **\$1.58**

1 (1 lb.) boneless chicken **\$0.19** | **\$2.99**

TOTAL COST

Food Bank: **\$8.19** | Grocery Store: **\$50.82**

