

## TRAIL MIX

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- $\frac{3}{4}$  cup unsalted roasted peanuts
  - $\frac{1}{3}$  cup raisins
  - 1  $\frac{1}{4}$  cup crispy whole wheat cereal squares
  - 1 cup mini pretzels
  - $\frac{1}{3}$  cup chocolate chips
- 

1. In a large bowl, combine peanuts, raisins, cereal, pretzels, and chocolate chips.
2. Place in an air-tight container or zip-top plastic bag. Store in a cool, dry place.

Serves 8,  $\frac{1}{2}$  cup per serving.

Recipe adapted from *Cooking Matters for Chef and Kids*.

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