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## THIN MINT GREEN SMOOTHIE

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- 2 cups unsweetened almond milk
  - 1 ½ cups fresh spinach
  - ½ cup fresh mint leaves
  - 2 bananas
  - ½ avocado
  - 2 Tablespoons cacao powder
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1. Blend spinach, mint, and almond milk until smooth.
2. Add remaining ingredients, blend until smooth. **Note:** Use frozen fruit or ice to make smoothie cold.

Serves 2. Adapted from [www.simplegreensmoothies.com](http://www.simplegreensmoothies.com)

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