
AVOCADO MILKSHAKE

- 1 avocado
 - 2 cups milk
 - 1 teaspoon vanilla
 - 1 Tablespoon lime juice
 - 1 pinch salt
 - 2 Tablespoons honey
-

1. Toss all ingredients in a blender and mix until the avocado is blended with the milk. Once the liquid is green, the shake is ready. Add honey and lime juice to taste.

Serves 2. Recipe adapted from *Good and Cheap Cookbook*.

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